



WBC - COVID-19 Policy

Approved October 2020

V2

Introduction

This document outlines the temporary policies that have been put in place at the Woodstock Badminton Club as a result of the COVID-19 pandemic. This document amalgamates and updates previously prepared guidelines that have been distributed to members and our employee over the past 6 months.

Respiratory infections may spread from respiratory droplets from infected individuals through coughing, sneezing, and speaking. COVID-19 transmission can occur even when someone is not showing symptoms. Using face coverings is a method of source control, but to reduce the risk of transmission, it must be accompanied with other measures including, physical distancing, respiratory etiquette and good hand hygiene.

This document describes the steps that have been taken and are being taken by WBC to reduce the likelihood of the virus spreading at WBC. This document will be updated as conditions change and will be removed from practice once the pandemic is over.

Currently the Province of Ontario is in phase 3. For WBC, this allows the club to operate but with a number of restrictions that are outlined in this document.

Entry Rules

Please consider the following before entering the facility:

Stay Home if you:

- Are experiencing any symptoms of COVID-19? (e.g. fever, chills, new or worsening cough, shortness of breath, sore throat, difficulty swallowing, runny nose, stuffy or congested nose – not related to seasonal allergies, lost sense of taste or smell, pink eye, unusual headache, digestive issues, muscle aches or extreme tiredness,
- Have had close contact with anyone with respiratory illness or a confirmed or probable case of COVID-19
- Have you travelled to an area with a high incidence of COVID-19 or had close contact with anyone who has travelled to an area with a high incidence of COVID-19 in the past 14 days
- Have you been in close contact with a person with acute respiratory illness who has been outside of Canada in the last 14 days

If you are in an at risk group, 70 years or older, receiving treatment that compromises (weakens) your immune system, have a chronic health condition or regularly going to a hospital or health care setting for a treatment, consider staying home until restrictions are lifted.

If you answer yes to any of the above or have concerns about a possible contact take the COVID-19 Self-Assessment <https://covid-19.ontario.ca/self-assessment/> Please contact the local public health unit at



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1-800-922-0096 or telephone Telehealth Ontario for further instructions at (866) 797-0000.

Public Access

The club is not open to the public, Southgate members or guests. Only WBC members are allowed to utilize the courts.

Parents / guardians of youth members are welcome to utilize the lounge while their child is playing or taking lessons. Other spectators are not permitted.

Tracking

Members only are allowed at the club. We ask that all members “swipe” their FOB when entering the club. If it should become necessary to contact trace, we will have a record of all those at the club for any given time period.

The doors to the outside should be kept closed and locked.

Waivers

All who enter the club facility must sign a COVID-19 Declaration of Compliance and the Assumption of Risk Form (Waivers for those under the age of 18 may be signed by parents/guardians). The COVID-19 Declaration states that you will not enter the building under specific situations (e.g. contact with a Public Health identified positive case) and that you assume the risk of potentially being exposed or infected by the virus, and more.

The waiver for new members and members renewing their membership also includes a paragraph that also states that members assume the risk of potentially being exposed and infected by the virus.

Face Coverings (Masks)

Facial coverings are mandatory within our facility. It is the duty of all members and employees of WBC to ensure this policy is implemented and adhered to. The scope of this policy is as follows:

1. Persons who enter or remain in the indoor public space of the WBC facility must wear a face covering that covers the nose, mouth, and chin.



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2. Best efforts shall be made to ensure that persons entering the facility are wearing a face covering. Remind those entering the facility that they must wear a mask.
3. The face covering must be worn inside the WBC lounge at all times.
4. The face covering may temporarily be removed in the court area when members are competing or performing physical activity where wearing a face covering would inhibit the person's ability to breathe.
5. Persons who cannot safely wear a face covering for medical reasons (such as, but not limited to, respiratory disease, cognitive difficulties or difficulties in hearing or processing information.) are exempted from wearing a mask, they are however encouraged to wear a face shield.

Sanitizing

Hand sanitizer is available throughout the club facility. Please ensure you use hand sanitizer upon entering the club, and after leaving the courts.

A sanitizer station (table) is located next to the court entrance door. Members should sanitize their equipment before entering the courts and when leaving the courts.

Cleaning

The club will engage in sanitization practices for common areas when staff is on duty. This includes, sanitizing all touch points (doors, handles, tables, chairs, benches, counters, washrooms etc.) will occur.



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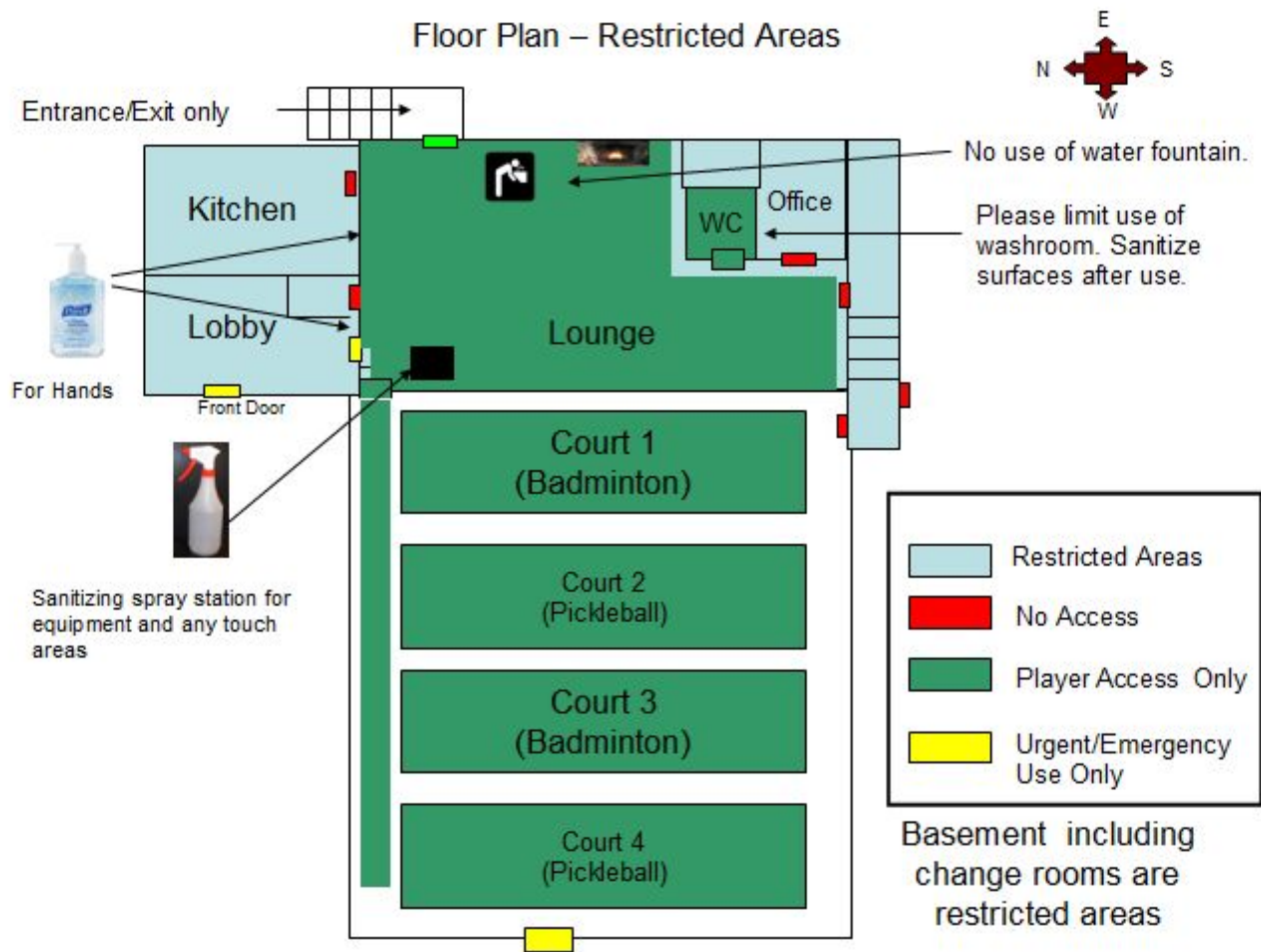
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Restricted Access in the Facility

In order to reduce the amount of real-estate that could potentially be contaminated, much of the club house will be designated as restricted. These restricted areas are designated on the diagram below. Members are not permitted in the restricted areas.

Board members and staff only are permitted in the kitchen and the office spaces. These spaces will be sanitized by the individual using the space after use.



There is no access to the kitchen or change rooms. A sanitizer station (table) will be next to the court entrance door. This table will be used by players to sanitize equipment when entering and leaving the courts. Hand sanitizer will be located in the lounge and on the kitchen counter. The court access door will be propped open to minimize the need for contact.



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Social Distancing

Members in the lounge that are waiting to utilize the courts should social distance at least 2 metres from other members.

Scheduling Court Play

The number of members that can be at the club at any one time is set by the Provincial Government. Scheduling the use of the facility will be updated based on the government rules.

The schedule of when members can utilize the facility will be posted on the club's web site.

<https://woodstockbadmintonclub.org/>

Currently the government allows up to 50 persons to be present at the club at one time. This is well beyond the number of players we have out for any of the scheduled play times, so no reservations are required at this time. If this number is reduced to below 30, then the club will reinstate a reservation system.

Non Scheduled Use of the Club

Members may use their FOB to utilize the club when there is no scheduled play. Members must abide by all rules outlined in this policy when doing so.

Skills Development (Coaching)

Coaching sessions are as per the schedule posted on the web site.



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Hall Rental

The WBC club will not be rented to members or non members at this time.

Kitchen Sales

The kitchen is open for sales of equipment, snacks and beverages during the evenings sessions when staff are available. Social Distancing must be practiced when eating or drinking a purchase from the kitchen. We strongly encourage everyone to use debit for purchases at the bar, although cash will still be accepted



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Player Responsibilities

When arriving at the club, players are asked to:

- Carry their own hand sanitizer and disinfectant wipes.
- Arrive at the club no more than 5 minutes before scheduled play time.
- Use key fob to enter by the back (east) door only. Push the door open. Avoid touching the door handle. This door needs to be kept closed at all times to ensure social distancing.
- Arrive ready to play. Use benches/chairs provided to change shoes.
- Avoid touching any surfaces (e.g. stair railings, seats, entry doors, benches, net posts).
- Do not change ends.
- Avoid physical contact with players (eg. handshakes, fist pumps, elbow bumps).
- Sanitize hands often before and after each game, for at least 20 seconds. Members are encouraged to bring/supply their own sanitizer.
- Use disinfecting spray bottles to sanitize pickleballs and paddles before, after and between games.
- Sanitize your hands before and after utilizing the security pad.

Players should also practice good hygiene.

- Avoid touching hands to face
- Use a clip on towel or sweat bands to wipe face
- Cough and sneeze into tissue, and dispose safely

Other responsibilities:

- Players should bring their own water bottles. Please take your used water bottles with you. The water fountain will be closed.
- Masks are encouraged (but not mandatory) especially when proceeding to and from the courts.
- Protective eyewear is recommended.
- Leave the premises as soon as possible following the completion of your court time.
- Leave outside doors closed as all times.

If you have any flu or cold-like symptoms (regardless how minor) **STAY HOME**



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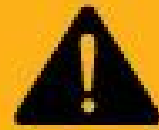
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Please adhere to these signs that are posted at the club.



Attention Visitors



If you have at least one of the following symptoms: fever and/or new onset of cough or difficulty breathing

OR

At least two of the following symptoms:

- chills
- fatigue
- headache
- sore throat
- runny nose
- stuffy or congested nose
- lost sense of taste or smell
- hoarse voice
- difficulty swallowing
- digestive issues (nausea/vomiting, diarrhea, stomach pain), or
- for young children and infants: sluggishness or lack of appetite

please delay your visit AND contact your health care provider, or Telehealth Ontario (1-866-797-0000)

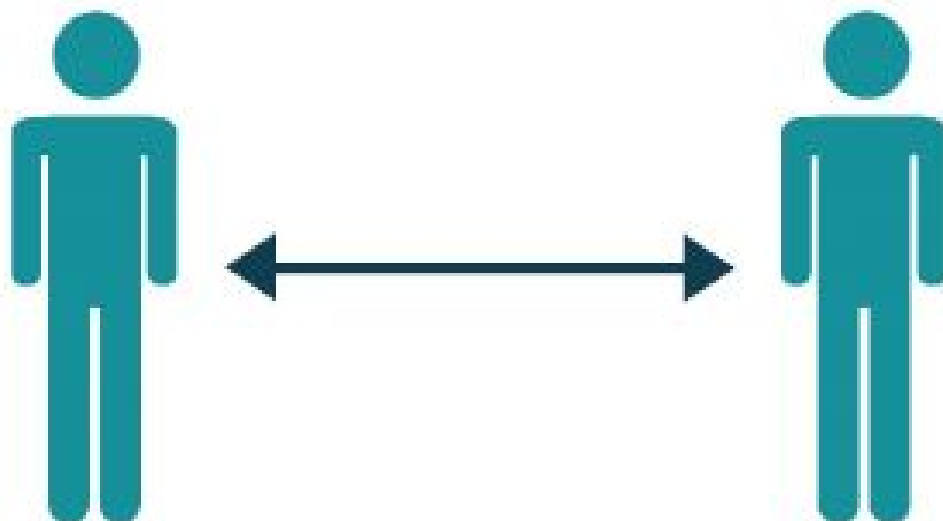


HELP STOP THE SPREAD OF COVID-19

Keep your physical distance

Stay 2 metres apart

Roughly the width of a car





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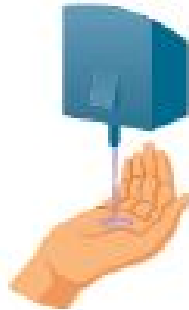
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Correct Handwashing Procedures

1 Wet hands



2 Soap



3 Lather
(minimum 15 seconds)



4 Rinse



5 Towel dry



6 Turn taps off
with towel



Southwestern Public Health

St. Thomas Site
1230 Talbot Street,
St. Thomas N5P 1G9

Woodstock Site
410 Buller Street,
Woodstock N4S 4N2

1-800-922-0096

www.swpublichealth.ca



Adapted with the permission of Fort Region Community and Health Services

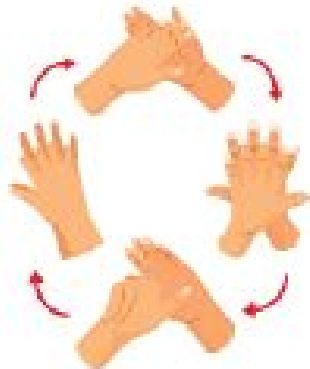
Correct Hand Sanitizer Use

1 Apply one squirt



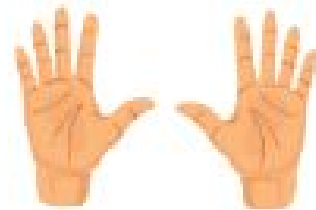
- Use a sanitizer with 60% to 90% alcohol
For healthcare settings, at least 70% alcohol should be used

2 Rub hands together



- Make sure to spread sanitizer all over your hands, palms, and between fingers

3 Rub until dry



- This should take 15 seconds if enough product is used

REMEMBER

Hand sanitizer should only be used when hands are not visibly dirty. Wash with soap and water if you see dirt on your hands.

Southwestern Public Health

St. Thomas Site
1230 Talbot Street,
St. Thomas N5P 1G9

Woodstock Site
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🌐 www.swpublichealth.ca

